

How to Sew Your Shoes

Have your dancer stand in their shoes and mark where the elastic hits the shoe at the middle of their arch.

It should be snug without being stretched tight.



Some people pin the elastic in place.

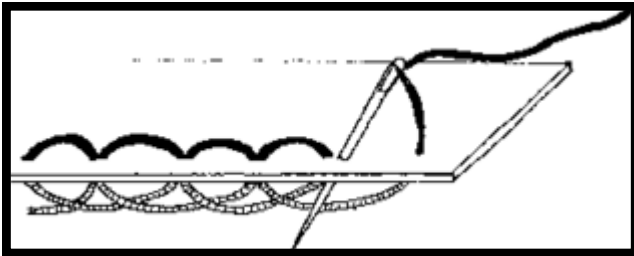
Others use a pen or marker to draw reference points.

Elastic can be sewn to the inside or outside of the shoe.

It's your shoe—you decide!

This is a strong, easy stitch. Follow the edging on the shoe.

Use a strong thread or floss... Dental floss in a pinch!



A reference for how it should look when done :

Tie your bowties and cut off the extra length. Either double-knot them or wrap the ends with tape to keep them tied. Tuck them in.

Your dancer should be able to take their shoes on and off without retying them.



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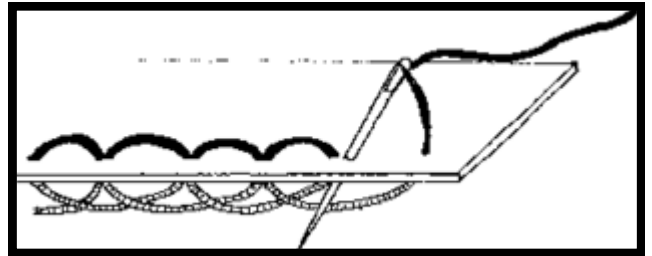
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